



# ALEXANDRA UNITED FC

## NOVEMBER 2016 NEWSLETTER

Welcome to the first newsletter of the 2016/17 football season.

### ***Keeping up to date...***

We will try to issue at least three newsletters each season to keep you up-to-date with the goings on at Alexandra United FC but to receive weekly match reports and timely information about new initiatives, please 'like' our Facebook page: [www.facebook.com/aufc1972](http://www.facebook.com/aufc1972)

We have just reached the 'landmark' of 100 likes but want to keep increasing this number. The more people that 'like' our page the more people we can reach to promote our brand. Invite your friends, family and others to like our page today!

### ***Our website...***

Many of you will have already visited our website, [www.aufc.football](http://www.aufc.football), either to register or make payments. You can find other information on there about our teams and sponsors (see below for more information) and also about the codes of conduct and policies that we have in place at the Club.

As we continue to work on increasing our brand, we are looking at some new options for our website address with the more commonly used domains like .co.uk and .com, including:

- [www.alexutd.com](http://www.alexutd.com)
- [www.theaufc.co.uk](http://www.theaufc.co.uk)
- [www.alexandrafc.co.uk](http://www.alexandrafc.co.uk)

We would love to hear your feedback on what you think is the best option so please drop us a line via our Facebook page.

### ***New teams...***

The Club has started a coaching session on a Monday evening from 5-6pm for players in year 3 and year 4. We are actively targeting more year 4 players to attend these sessions so we can start up a new under 9 team in the New Year. If you know anyone who might be interested, please ask them to visit [www.aufc.football/coaching](http://www.aufc.football/coaching) or to contact us for more information.

### ***Coaching Camps...***

You will have seen the communications that we sent round recently about a coaching camp we were hoping to run during the October school half-term. Unfortunately there were not enough players available to make it viable. Some of the feedback we received was that some players had already signed up for other coaching camps and would have been available if more notice had been given. Taking this feedback on board, the Club is already starting to plan a three day coaching camp during the February half term. We will be sending out information shortly.

## **BH 1-2-1...**

Meet Coach Ben. Ben has been coaching our year 3 and year 4 players and our under 11 teams. Football has been a part of Ben's life for over twelve years. From a young age, Ben played at a professional level and for the past five years Ben has been an elite coach. Ben has had experience at many clubs but for the last four years he has been a coach at Chelsea Football Club and holds a UEFA B licence in coaching. Ben works with players in all age ranges from u6 – u18, both boys and girls and is fully CRB/DBS checked and holds all the relevant qualifications, including first aid and safeguarding.

Ben offers 1 to 1 football coaching for individual players. A couple of our players are already using Ben's services and the improvements are already noticeable. If you would like to enquire about extra coaching sessions with Ben, you can contact him at [ben@aufc.football](mailto:ben@aufc.football) or on 07912 253 354.

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## **Team News:**

This season we have four youth teams and two adult teams. Results are correct as of 1<sup>st</sup> November 2016.

### **Under 10:**

Form: DWWWWW

Sponsor: FA Charter Standard Scheme

The Club has Charter Standard accreditation which means that we have been adjudged to be well-run and sustainable, as well as prioritising child protection and quality coaching. The benefit of being accredited by this scheme is that this year we were able to get a free kit for the under 10s. As you will now read, it turns out it's a lucky kit too!

An extensive pre-season summer coaching campaign every Saturday morning along with a managerial change and a couple of new recruits has seen the under 10s start the season in fantastic form. Although they lost 6-2 in a pre-season friendly, it seems that result either blew away the cobwebs or meant they started paying attention to the manager as it has been their only taste of defeat so far.

The league campaign began with a 3-3 draw, a good result even though they'd been 3-1 up with just a few minutes remaining. They've grown in confidence and really started to gel as a team, remembering that you're more likely to enjoy the game, and maybe to win, if you pass the ball to one another and if that doesn't work just shoot when you're in the opposition's half! After the opening draw there's been a string of five straight wins (one cup game and four league games), with 24 goals scored and only 11 conceded, testament to the strikers and the defence.

Goal scoring highlights have included hat-tricks for both Luc (one of the new signings) and Magnus and doubles for both Lewis and Leo. Lewis scored an absolute rocket of a free-kick which the goal-keeper turned away from for fear of getting injured and Leo slotting in from what looked like an impossible angle. Whilst it would be easy to focus on the goal scorers, everybody has played their part. Having a dedicated and talented goalkeeper in Fran has been key in keeping the goals conceded down, as has having Tom as a defender who remembers to stay in defence and not become an extra striker. Ewan has been a key and unselfish midfielder and Sam, Jamie and Josh will happily play in any position and just keep on running.

It's been great to see the enthusiasm for the game (including from the supporters), the 'never say die' attitude and everyone keen to play every week for as long as they can. I just hope they can cope with defeat as even the best teams, with the best attitude and the best manager lose eventually!

### **Under 11 Boys:**

Form: WWLLLL

Sponsor: Epsom Builders Limited



Following last season's Championship high, a pre-season boot camp, probably an overly ambitious and lofty move up the U11 Divisions, 4 new players in now 9 V 9 matches, a tinkering manager ooh and have I mentioned offside yet?!.....well let's just say things haven't quite gone to plan in the first quarter of the season.

Quite simply the manager has to do better in:

1. Working with the players to improve confidence in defending as a team,
2. Further develop midfield defensive positional play,
3. Coaching formulated passing attacking moves in the opposing half,
4. Getting the forwards to stick it in the onion bag!

So lots to do, but with a group of lads with the spirit and keenness of this lot – it's still by far the best way to spend your Saturday morning!

COTA!

### **Under 11 Colts:**

Form: WLLWLLW

Sponsor: Epsom Builders Limited



The U11 Colts have a changed look from last season with some boys having moved up to the Boys team. This left us without a goalkeeper so Luke has stepped into those shoes and he's done a good job so far. Our defence is improving game by game too, with Tom taking the lead centre back role, although we have had to implement a back 4 in the last couple of games to stem the flow of goals which had plagued some of our earlier games. Up front the goals have been shared between our attackers (Matteo, Jayden) and midfielders (Sean, Jack). With a bit more shape from the team starting to appear and players keeping their positions better, the second half of this season is looking bright for the Colts.

### **Under 14:**

Form: WLWW

Sponsor: Costcutter (Manor Green Lane, Epsom)



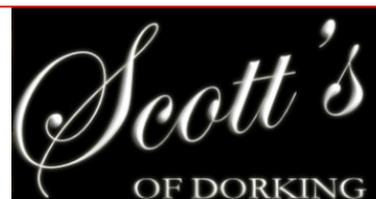
It's fair to say that there were a few issues with the new kit this season after the team's new sponsor ordered it via a third party who we have not have any previous dealings with. Luckily after all of the issues our preferred supplier was able to come to rescue and get us the kits as soon as possible!

After a successful first season following their move to the Surrey Primary League, their start to this season has been restricted due to a number of matches having to be cancelled, however with three wins and one loss the under 14s are well on their way towards their target of finishing in the top 3!

### **Alexandra United 1<sup>st</sup> Team:**

Form: WWWWWW

Sponsor: Scotts of Dorking Jewellers



Having won five league games and two cup games it's seven on the spin for our first team! The target of winning their division and getting to a cup final should hopefully be achieved!

#### *Leading Goalscorers:*

James	6
Oska	6
Jon	4
Joe	3
Jake	3

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### **Alexandra United 2<sup>nd</sup> Team:**

Form: WWLWLWW

Sponsor: Gascore Plumbing and Heating Limited

Despite leading in every game of the season so far, the second team have managed to lose twice in the League! Currently sitting 4<sup>th</sup> in the league with two games in hand on the leaders and through to the third round of the County Cup.



#### *Leading Goalscorers:*

Marcus	6
Reiss	3
Callum S	2
Callum E	2

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### **Sponsors Websites:**

*Epsom Builders Limited:*

[www.epsombuilders.com](http://www.epsombuilders.com)

*Scott's of Dorking Jewellers:*

<http://www.scottsofdorking.com/>

*Gascore Plumbing & Heating Limited:*

<http://www.checkatrade.com/GascorePlumbingAndHeating/>